

MEDIA ALERT

How Realistic is a 100-Year Life Expectancy and Why Does it Matter?

Leading demographer, economist, and biologist in aging to discuss limits of radical life extension and longevity dividend of extending healthspan through geroscience

Free Webinar, New Date: 10.22.24, 2-3pm ET

WHAT

- Discussion between aging research experts on the limits of radical life extension, the longevity dividend of extending healthspan, the call to accelerate geroscience, and the need to reframe the longevity discussion.
- Prompted by [recent paper in Nature Aging](#) that provides strong empirical evidence suggesting that the dramatic increase in life expectancy for more than a century has ended.
- Backed by research on the broad socioeconomic impact of extending health by targeting the biology of aging.

WHO

- Steven N. Austad, PhD (AFAR Scientific Director, and Author - *Methuselah's Zoo: what nature can teach us about living longer, healthier lives*)
- S. Jay Olshansky, PhD (Professor, School of Public Health at the University of Illinois at Chicago and Author - *The Quest for Immortality: Science at the Frontiers of Aging*)
- Andrew J. Scott, DPhil (Professor of Economics, London Business School, and Author - *The Longevity Imperative: How to Build a Healthier and More Productive Society to Support Our Longer Lives*)
- Presented by the American Federation for Aging Research (AFAR)

WHY

- The field of aging research has advanced alongside medical interventions that have helped many live more than generations before us. At the rate of modern medical innovations, will more of us live into our 100s and beyond?
- A recently paper in *Nature Aging*, "[Implausibility of radical life extension in humans in the twenty-first century.](#)" co-authored by public health and gerontology expert S. Jay Olshansky, PhD, provides strong empirical evidence suggesting that the dramatic increase in life expectancy for more than a century has ended.
- In his recent book *The Longevity Imperative*, economist Andrew J. Scott, DPhil, poses that in order accommodate existing trends and future growth in longevity, substantial changes to our health system, economy, and financial sector—as well as in how we manage our careers, health, finances, and relationships—are necessary.
- Both experts stress that living significantly longer (not to mention, healthier) will require a breakthrough in geroscience—the development of therapies that target aging processes themselves.
- To explore further, AFAR invites you to a free webinar with Olshansky and Scott, moderated by AFAR Scientific Director Steven N. Austad, PhD.

WHEN: Wednesday, October 22, 2024, 2-3pm ET.

WHERE: Zoom. RSVP [here](#).

For further information, please contact John Chaich, Director of Strategic Communications, AFAR john@afar.org

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About AFAR - The American Federation for Aging Research (AFAR) is a national non-profit organization that supports and advances pioneering biomedical research that is revolutionizing how we live healthier and longer. For more than four decades, AFAR has served as the field's talent incubator, providing \$212,500,000 to 4,460 investigators at premier research institutions to date—and growing. In 2024, AFAR expects to provide approximately \$12,270,00 to 60 investigators. A trusted leader and strategist, AFAR also works with public and private funders to steer high quality grant programs and inter-disciplinary research networks. AFAR-funded researchers are finding that modifying basic cellular processes can delay—or even prevent—many chronic diseases, often at the same time. They are discovering that it is never too late—or too early—to improve health. This groundbreaking science is paving the way for innovative new therapies that promise to improve and extend our quality of life—at any age. Learn more at www.afar.org.