2019 ANNUAL MEETING

HYATT REGENCY TAMAYA RESORT AND SPA
NOVEMBER 20 – 23, 2019

#Beeson2019 #BeesonScholar
@AFARorg
AGENDA

WEDNESDAY, NOVEMBER 20, 2019

2:30 – 4:30 p.m.
Hawk BC

LEADERSHIP: CREATING AND FINDING OPPORTUNITIES
Session for Travel Stipend Awardees and Clin-STAR participants. 
Other meeting participants are welcome to join.

3:00 p.m.
Hotel Check-in Time

4:45 – 5:45 p.m.
Tamaya Prefunction South
Registration / Reception

5:45 – 7:00 p.m.
Tamaya FGH

WELCOME

Harvey Jay Cohen, MD
AFAR Board Member, Past-President
Walter Kempner Professor of Medicine
Director Emeritus, Center for the Study of Aging and Human Development
Chair Emeritus, Department of Medicine
Duke University Medical Center

Robin A. Barr, DPhil
Director, Division of Extramural Activities
National Institute on Aging

Thomas Gill, MD
Professor of Medicine and Professor of Epidemiology
Yale School of Medicine
Chair, Beeson Program Advisory Committee; 1997 Beeson Scholar

KEYNOTE ADDRESS

Donald Edmondson, PhD, MPH
Associate Professor of Behavioral Medicine (in Medicine and Psychiatry)
Director, Center for Behavioral Cardiovascular Health
Columbia University

7:00 – 9:00 p.m.
Tamaya FGH

DINNER

Introduction of New Beeson Scholars, Travel Stipend and Clin-STAR awardees.

Sue Zieman, MD, PhD
Medical Officer, Division of Geriatrics and Clinical Gerontology,
National Institute on Aging

THURSDAY, NOVEMBER 21, 2019

7:00 – 9:00 a.m.
Wolf

BREAKFAST

8:00 – 9:00 a.m.
Tamaya ABCD

SPEED NETWORKING (OPTIONAL)
Please note that participants in this session will not meet everyone. Have breakfast first or bring it with you to the meeting room.

Have you ever left a meeting wishing you could have met more people, realizing most people you met you already know? Well, then this event is for you! Meeting colleagues from other disciplines can spark a new research idea or open the door to a solution to a
problem that has seemed intractable. Each ‘meeting’ is no longer than 3 minutes, and each person should answer these questions:

1. What is your top research interest?
2. What expertise are you looking for in a research partner?
3. What can you offer a research partner?

Please help the organizers by moving to the next person when indicated.

9:00 – 9:15 a.m.
BREAK

9:15 – 10:45 a.m.
HOW TO BE A MENTOR/MENTEE?

Introduction: Miles Berger, MD, PhD, Duke University Medical Center

Moderator: Kristine Yaffe, MD, University of California San Francisco

Successful mentor/mentee relationships should be fulfilling and beneficial for all involved. This session will explore how to develop more effective and productive mentor-mentee relationships. The moderated session will include an overview and panel discussion highlighting three mentor-mentee dyads. The session will be followed by breakout sessions.

Breakouts Sessions are led by panel teams (45 minutes).

Tom Gill, MD, and Lauren Ferrante, MD, MHS, Yale School of Medicine:
How to develop/evolve as a mentor/mentee. (Tamaya ABCD)

George Kuchel, MD, and Phil Smith, MD, University of Connecticut Health:
How to become independent from your mentor and how to navigate and deal with conflict. (Hawk AB)

Cathleen Colon-Emeric, MD, and Rasheeda Hall, MD, Duke Medical Center:
Interdisciplinary mentorship; effective mentorship for women and under-represented individuals in academic research. (Badger BC)

10:45 – 11:15 a.m.
BREAK

11:15 a.m. – 12:30 p.m.
GRADUATING SCHOLARS PRESENTATIONS: GROUP 1

Introduction: Liana Apostolova, MD, MSc, FAAN
Indiana University School of Medicine

Marian (Emmy) Betz, MD, MHP
Associate Professor, University of Colorado, Denver

Eleni Linos, MD, DrPH
Professor, Stanford University

Daniel Kramer, MD
Assistant Professor, Harvard Medical School

Kelly Trevino, PhD
Assistant Attending Psychologist, Memorial Sloan Kettering Cancer Center
12:30 – 2:00 p.m.  
LUNCH  
With optional Consultancies or Aims page workshop (sign-up only)  
If you signed up for a workshop or consultancy, to-go containers will be available at the luncheon buffet. Please take your meal to the meeting room.

Hawk A: Consultancies, Group 1  
Hawk B: Aims Page workshop, Group 1

2:00 – 3:00 p.m.  
FREE TIME / MENTORING ACTIVITIES  
Note: A private session is scheduled for the NIA staff, travel stipend and Clin-STAR awardees in Badger BC.

3:15 – 5:00 p.m.  
DATA BLITZ!  
The academic equivalent of speed dating – a fast-track vehicle to understand research and possible synergies with others. Each session involves a research theme, with current scholars each presenting their research in five minutes or less – the time limit will be strictly enforced. Groups will be arranged by content area (assignments are in program booklet). Meeting participants who are not presenting are encouraged to join any of the groups.

Hawk A: Group 1, Moderator: Cary Reid, MD, PhD  
Hawk B: Group 2, Moderator: Raymond Yung, MD  
Hawk C: Group 3, Moderator: Eddie Koo, MD  
Badger A: Group 4, Moderator: Alison Huang, MD  
Elk: Group 5, Moderator: Amy Kelley, MD

5:00 – 7:00 p.m.  
POSTER SESSION AND RECEPTION  
Note: Please remove your poster at the conclusion of the session.

5:00 – 5:30 – general viewing  
5:30 – 6:00 – small group presentations – 2018 Scholars  
   Group 1 - posters 1 to 5 - Donovan Maust, discussant  
   Group 2 – posters 53 to 57 – Anne Kenny, discussant  
6:00 – 6:30 – Odd numbers attend their poster  
6:30 – 7:00 – Even numbers attend their poster

7:00 – 9:00 p.m.  
DINNER

FRIDAY, NOVEMBER 22, 2019

7:00 – 9:00 a.m.  
BREAKFAST  
Note: A private breakfast meeting for the Program Advisory Committee and other invited participants will be held in Puma BC from 7:30 – 8:45 a.m.

8:00 – 9:00 a.m.  
SPEED MENTORING  
By sign-up only. Please have your breakfast first or bring it with you into the meeting room.

This session provides an opportunity for the scholars to have brief, informal, but focused discussions with senior investigators outside their own institutions in aging research.

Please refer to the program booklet for assignments.
9:00 – 10:15 a.m.  
Tamaya ABCD

GRADUATING SCHOLARS PRESENTATIONS: GROUP 2

Introduction: Alison Moore, MD  
University of California, San Diego

Kathleen Unroe, MD  
Associate Professor, Indiana University

Kasia Lipska, MD, MHS  
Assistant Professor of Medicine, Yale University School of Medicine

Phillip Smith, MD  
Associate Professor of Surgery, University of Connecticut College of Medicine

Jennifer Lai, MD, MBA  
Assistant Professor of Medicine, University of California, San Francisco

10:15 – 10:45 a.m  
BREAK

10:45 a.m. – 12:00 p.m.  
Tamaya ABCD

GRADUATING SCHOLARS PRESENTATIONS: GROUP 3

Introduction: Cynthia Carlsson, MD, MS  
University of Wisconsin-Madison, School of Medicine and Public Health

Constance Fung, MD, MSHS  
Associate Professor of Medicine, University of California, Los Angeles

Dae Kim, MD, MPH, ScD  
Assistant Professor of Medicine, Harvard Medical School

Andrew Teich, MD, PhD  
Assistant Professor, Columbia University

12:00 – 1:30 p.m.  
Wolf

LUNCH

With optional Consultancies or Aims page workshop (sign-up only)  
If you signed up for a workshop or consultancy, to-go containers will be available at the luncheon buffet. Please take your meal to the meeting room.

Hawk A: Consultancies, Group 2  
Hawk B: Consultancies, Group 3  
Hawk C: Aims Page Workshop, Group 2  
Puma BC: Aims Page workshop, Group 3

1:30 – 3:00 p.m.  
Tamaya ABCD

SOCIAL AND BEHAVIORAL SCIENCES IN AGING RESEARCH

Introduction: Nancy Schoenborn, MD, MHS  
Johns Hopkins University School of Medicine

This session aims to highlight recent advances in social and behavioral research in aging and the interrelationship with other areas of aging-related research.

Moderator: Dana Plude, PhD, National Institute on Aging, NIH

Speakers:  
Donald Edmondson, PhD, MPH  
Associate Professor of Behavioral Medicine (in Medicine and Psychiatry),  
Director, Center for Behavioral Cardiovascular Health,  
Columbia University
Sara J. Czaja, PhD  
Professor of Medicine, Director, Center on Aging and Behavioral Research,  
Weill Cornell Medicine

Amy Jo H. Kind, MD, PhD  
Associate Professor, Director, Health Services and Care Research (HSCR) Program,  
University of Wisconsin, Madison

3:00 – 6:30 p.m.  
FREE TIME/ MENTORING ACTIVITIES

6:30 – 9:00 p.m.  
DINNER  
Meet in the lobby starting at 6:15 pm for shuttle to the Cottonwoods. If you prefer,  
it is a short walk from the hotel, but it will be dark and there are coyotes (rattlesnakes are  
hopefully hibernating)!

SATURDAY, NOVEMBER 23, 2019

7:00 – 8:30 a.m.  
BREAKFAST

8:30 a.m.  
ADJOURN

12:00 p.m.  
HOTEL CHECK-OUT TIME