



afar american federation
for aging research

SuperAgers Family Study



The multi-year SuperAgers Initiative is an ambitious effort to help discover the secrets of exceptional longevity. The Initiative's centerpiece is the [SuperAgers Family Study](#), a pathbreaking research study that will recruit as many as 10,000 people 95 and older— as well as their children and their families.



We Need You!

The [SuperAgers Family Study](#) will help identify more of the inherited and natural factors that allow an extraordinary (and relative) few of us to live much longer and healthier lives.

Study results will inform current and future research teams working to prevent or treat a range of age-related afflictions. Of the collected data will be preserved in a newly created “biobank” – a data library of information and biospecimens – which will assist decades of future research into healthy aging.

Participating in the study is safe, secure, and voluntary – there is no compensation. The time commitment is brief, requiring a health survey and a simple and non-invasive saliva sample. All Family Study participants have the option of receiving some ancestry information based on the genetic information, or DNA, they provide.

WHO IS ELIGIBLE?

People aged 95+,
their children, and their
children's spouses

Enroll in the study:
superagersstudy.org

Who Is Behind the SuperAgers Initiative?

The SuperAgers Initiative is led by the American Federation for Aging Research and Albert Einstein College of Medicine, in collaboration with Boston University School of Medicine, and with generous support from James Fickel and the Fickel Family Foundation.

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