

MSTAR

Medical
Student Training
in Aging Research

The MSTAR scholarship program, established in 1994, provides an enriching 8-12 week experience in aging-related research under the mentorship of top experts in the field.

Aging-related research crosscuts many areas of scientific investigation from basic sciences, to clinical research, to health services research.

Program highlights

- Classes in research methodology
- Opportunities for research presentations and publications
- Clinical geriatrics experiences
- Information on medical careers
- Informal social gatherings and networking with fellow scholars and mentors



Major sponsors:

The John A. Hartford Foundation
MetLife Foundation
The National Institute on Aging (NIA)
Jean and Louis Dreyfus Foundation, Inc.

Additional funding provided by
Trustees of the John A. Hartford Foundation
Contributors to the MSTAR Fund

Administered by:

The National Institute on Aging (NIA)
American Federation for Aging Research (AFAR)

Students gain a wealth of experiences they might not otherwise have during medical school, especially early in their training when most scholars participate in the program.

Many former MSTAR scholars have pursued successful and varied careers in geriatrics and aging-related research.

They have joined the growing number of dedicated scientists, innovative thinkers, and talented physicians whose specialized knowledge and skills in aging are increasing in demand as our population ages.

"My time in clinic reminded me that human connection transcends most descriptive factors, and most importantly the doctor-patient relationship can transcend age."

Menaka Yadav
2015 MSTAR Scholar,
University of North Texas Health Science Center

afar american federation
for aging research

MSTAR program description

Applicants compete for positions at NIA-funded National Training Centers and Partner Sites. Scholars may also train at their home institution if they attend a participating medical school. All training sites offer excellent facilities, diverse research programs, and the opportunity to interact with other student scholars.

National Training Centers and Partner Sites

- Harvard Medical School (Boston Univ., Univ. of Massachusetts, and Univ. of Mississippi)
- Johns Hopkins University School of Medicine
- New York University
- David Geffen School of Medicine at UCLA (Univ. of California, San Francisco, and Univ. of Washington)
- University of California, San Diego School of Medicine
- University of North Carolina at Chapel Hill
- University of Texas Health Science Center at San Antonio (Univ. of Texas Medical Branch and Univ. of Texas SW Med. Center)

"Participating in the MSTAR program has given me the chance to build positive mentor relationships, broaden clinical research experience, and appreciate the value of geriatrics. Aging is a natural process, but the breadth of its complexities is exhaustive and, as physicians, it should be our goal to narrow the complexities using the highest quality of care and compassion."

Radhika Takiar,
2014 MSTAR Scholar, Northeast Ohio Medical University

For complete information

<http://www.afar.org/research/funding/MSTAR>
Call at 212-703-9977 or 888-582-2327 (toll-free)

Application deadline

January 25, 2016

For More Information and an Online Application:

<http://www.afar.org/research/funding/MSTAR>

Diary of an MSTAR Student

<http://www.afar.org/MSTARblog/posts>

Selected applicants are notified of their training site assignment prior to their acceptance of the award.

AFAR makes every effort to place students at the institution of their choice, but this cannot be guaranteed.

Prior to arriving at the site, accepted scholars work with their training site directors and research mentors to design an individualized research project and training program.

Scholars are expected to submit abstracts of their research and to attend the 2017 American Geriatrics Society Annual Meeting.

A monthly stipend of approximately \$1,980 is provided. All students enrolled in U.S. allopathic or osteopathic medical schools can apply, provided they are U.S. citizens or permanent residents

Applicants must have a faculty sponsor from their home institution.

Scholars are selected based on their academic excellence, interest in aging and geriatrics, and potential for future achievement and leadership.

